

LUNCH WEEK 1 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MAIN EVENT
Meat Dish

Baked
Mac n Cheese
with a
Crispy Crumb
Topping

Mild Chicken Curry
with
50/50
Whole Grain Rice

Chicken
Sausages &
Red Onion
with
Roast Potatoes

Pizza Margherita
with
Potato Wedges

Golden Fish
Fingers or Sausage
& Chips



MEAT-FREE MAGIC
Vegetarian Dish

Creamy Broccoli
& Cheddar Pasta

Veggie Dhal Curry
with 50/50
Whole Grain Rice

Cheesy Leek
Glamorgan
Sausages with Roast
Potatoes & Gravy

BBQ Drizzle
Pizza
with
Potato Wedges

Veggie Fishless
Fingers & Chips



RAINBOW ALLEY
Vegetables and Salads

Mixed Salad
or
Carrot Sticks

Green Beans
or
Cucumber

Broccoli
or
Tomato Salad

Peas
or
Carrot Sticks

Baked Beans
or
Shredded Lettuce



PASTA TWIRLER
Topped Pasta

Hot Tomato Pasta
with Hidden Veggies



BIG TOPPING
Filled Jacket

Crispy Skin Jackets
with Cheese or Beans



DESSERT TROLLEY
Pudding

Marble Sponge
Cake

Jelly &
Fruit Slices

Fruity
Flapjack

Lemon
Cookie

Vanilla
Ice Cream

LUNCH WEEK 2 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MAIN EVENT
Meat Dish

Chicken Bangers
& Mash

Cheesy
Sweetcorn Pizza
with
Potato Wedges

Chicken &
Sweetcorn Pie
With Roast Potatoes

Chow Mein
Veggie Noodles

Golden Fish
Fingers or Sausage
& Chips



MEAT-FREE MAGIC
Vegetarian Dish

Veggie Bangers &
Baked Bean
Potato Bake

Pizza Margherita
with
Potato Wedges

Veggie Lentil &
Onion Pie PRI

Chinese Omelette
(Egg Foo Yung)
& Mixed Rice

Veggie Fishless
Fingers
with Chips



RAINBOW ALLEY
Vegetables and Salads

Baked Beans
or
Sweetcorn Salad

Green Salad
or
Shredded Lettuce

Savoy Cabbage
or
Carrot Sticks

Green Beans
or
Shredded Lettuce

Baked Beans
or
Shredded Lettuce



PASTA TWIRLER
Topped Pasta

Hot Tomato Pasta
with Hidden Veggies



BIG TOPPING
Filled Jacket

Crispy Skin Jackets
with Cheese or Beans



DESSERT TROLLEY
Pudding

Orange
Jelly

Apple
Sponge

Rhubarb Apple
Crumble

Oaty
Cookie

Vanilla
Ice Cream

LUNCH WEEK 3 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MAIN EVENT
Meat Dish

Chicken Hot Dog
with
Potato Wedges

Mild Veggie
Korma with
Whole Grain
Rice

Classic
Cottage
Pie

Veggie Supreme
Pizza
with
Potato Wedges

Golden Fish
Fingers or Sausage
& Chips



MEAT-FREE MAGIC
Vegetarian Dish

Cheesy Bean Wrap
with Potato Wedges

Sweet Potato
Chickpea Balti with
Whole Grain Rice

Veggie
Cottage
Pie

BBQ Drizzle
Pizza with
Potato Wedges

Veggie Fishless
Fingers with Chips



RAINBOW ALLEY
Vegetables and Salads

Green Beans
or
Shredded Lettuce

Peas
or
Carrot Sticks

Carrots
or
Tomato Salad

Broccoli
or
Cucumber Salad

Baked Beans
or
Shredded Lettuce



PASTA TWIRLER
Topped Pasta

Hot Tomato Pasta
with Hidden Veggies



BIG TOPPING
Filled Jacket

Crispy Skin Jackets
with Cheese or Beans



DESSERT TROLLEY
Pudding

Watermelon Wedge
(85g)

Vanilla
Cookie

Apple
Crumble

Strawberry
Jelly

Vanilla
Ice Cream