Activity list

Our itineraries are unique to each school and are built with the age, group size and desired learning outcomes at the core. They all include a selection of Off Ground, Team Challenge, Target Sports and Forest-based activities, so students will get to experience a variety of activities whilst on their trip.

Off ground

Off ground activities are packed with adrenaline-pumping excitement! With a "challenge by choice" approach, students will push their limits, boost confidence, and feel an incredible sense of achievement with each daring feat. Get ready to soar to new highs and make unforgettable memories.

Crate Stack	The crate challenge is a test of innovative thinking, construction, balance, courage – and above all, effective teamwork. Your pupils will have to work together to build the tallest tower of crates. With two pupils, harnessed in and secured by two ropes, standing on top as the tower grows, they must come up with ever more innovative ways of getting more crates to the top, as the pair on top become more and more precariously balanced!
Gladiator	Your pupils will be harnessed and instructed on how to belay each other. They make their way up a course of suspended obstacles that include climbing walls, cargo nets, tyres, and ropes. The vertical challenge develops physical skills as well as transferable skills including climbing, communication, cooperation, and lots of group support.
Leap of Faith	The ultimate adrenaline challenge! The objective is to climb to the top of our 20ft pole, stand on top of the platform and make the ultimate leap of faith to see they can catch the hanging trapeze bar. This session will test their endurance and perseverance, with a little help of group support from their friends below.
Postman's Walk	The postman's walk is a challenging element at three levels of height. Pupils start with walking up our balance beam to reach the first vertical climb, once up at the next level, a balancing act along a wire with a rope support, followed with another vertical climb and the final walk to the finish! With fellow students helping to belay and offer lots of support, this provides a great personal challenge to each student.
Climbing Wall	Our climbing wall has two sides to provide two different climbing experiences, encouraging students to find and explore their own limits. Both sides allow fellow students to belay each other, learning teamwork and group support.
Zip Line	A rush in the air over our babbling brook and through the trees. Our zip line gives a thrilling descent through our ancient woodland, it also offers a great introduction into aerial experiences. Students are harnessed up and off they go, testing their limits and facing fears.

Team Challenge

These activities focus on teamwork, communication and leadership. Every moment becomes an opportunity to strengthen bonds, unleash creativity and emerge as a team player, so get ready for the adventure of discovery and growth!

Low Ropes	At less than a metre above the ground, low ropes remove the fear of heights with high ropes. Being closer to the ground means your pupils have plenty of opportunities to take advice and discuss their options with the rest of the team. Negotiating the series of obstacles and challenges is not as easy as it looks. It's teamwork and communication that will get them successfully around the course.
Night Line	Follow the rope and see what awaits you! Students will be blindfolded and sent off all together, relying on each other and their other senses to get them through the course. Communication and teamwork are vital for this activity.
Orienteering	Students are introduced to practical map reading skills and split into groups, before they head out and try to locate the checkpoints. There is no set route, so the skill and fun come from trying to find the best way to go. Communication and teamwork are vital in order to find all the checkpoints before the other groups.
Problem Solving	Your pupils will have to work on their teamwork, communication, creativity, lateral thinking, listening and leadership skills in order to solve a variety of puzzles. With over 12 different problems to solve, it gives a chance for everyone to get involved and have their say on how they think it should be done.
Construction	This session is split into two parts. First the pupils must work together to build a bridge, using the supplies provided, to get over our brook, once everyone is over, they will then need to take it apart and use those pieces to build a working and moving buggy. This session focuses on creativity, ingenuity, communication, and perseverance.
Scenario SOS	Students begin this session with learning some basic first aid before heading off for a 'walk in the woods'. Little do they know, that on their walk they'll stumble across a crashed plane with survivors (teachers) requiring first aid! Students' knowledge and skills will be put to the test, can they work together to save all the teachers and cope under the pressure?!

Target Sports

With our fantastic target activities line up, every moment promises excitement, comradery and friendly competition. Get ready to feel the rush of hitting the mark!

Tomahawks	Technique over strength will be the key to mastering this activity and as the session progresses, students will discover the best ways to fling an axe down the range. We encourage safety awareness from the outset and promote group support.
Archery	Our Archery sessions offer the chance for every pupil to experience success. Accuracy, control, and a steady hand are vital for achieving the best results and many children discover a talent for a new skill. We encourage safety awareness from the outset and promote group support.
Archery Tag	Students will be splitting into two teams, hiding amongst the trees and bracken, and shooting foam arrows at each other. The team with the most players left at the end wins! This session encourages communication, teamwork, and lots of fun!
Laser Tag	Students will be splitting into two teams, hiding amongst the trees and bracken for a laser tag battle. Students are equipped with their own laser gun and head mounted sensors. They'll have fun developing team tactics, communication skills, and a steady hand as they compete to be the winning team.

Forest-based

In our beautiful woodland, forest-based activities allow students to enjoy, explore and embrace the beautiful outdoors!

Camouflage & Concealment	This session is a chance for students to get out into the woods and learn how to blend into the surrounding environment and why we would want to camouflage and conceal ourselves. Playing a series of games to test out their camouflage skills, who will be able to evade detection the longest!
Shelter Building	Students will learn and be shown a number of shelter designs and the important factors to be considered when constructing their own shelter. They'll split into groups to construct their very own shelters; however, they need to make sure they are weatherproof, instructors will 'test' them out with a series of weather challenges!
Fire Building	Fire lighting is a fundamental skill and is vital for survival. A fire provides warmth, a place to cook or boil water as well as a focal point for the camp. Knowing how to light a fire as well as extinguish and clear away is very important. Students will be shown different techniques to lighting a fire, from techniques our ancestors would have used, right through to modern methods.
Hiking	A chance to explore local flora and fauna, discovering the natural beauty of our woodland and local surroundings. We'll organise activities and set tasks to help students get the most from the experience.

Evening entertainment

After dinner, the fun doesn't stop! We provide entertainment and engagement right through until bedtime.

Camp Fire	Songs, games and dancing are the highlight of this evening entertainment. Alongside riddles and stories, children get to toast their own marshmallows as a perfect dessert around a toasty camp fire.
Wacky Races	A series of silly sports day games, competing in teams to see who can win the most races. Quick steps, accuracy and theatrical dramatics are a must for this activity.
Egg Protector	An egg (water balloon) is coming in to land from outer space, students must create landing areas soft and safe enough for the egg to land without breaking. Will the students be able to prevent a catastrophe or have a mess on their hands?!
Robot Wars	Children must complete special challenges to obtain materials to create their robot around one of their friends. Once they've gotten as much material as possible and built the most sustainable robot, the robots then must use water to battle it out and see who has the most of their robot left before the time runs out!
Ambush	Silent footsteps, teamwork and excellent camouflage are essential for this one! With a largescale game of hide and seek, groups with their instructors are sent off to hide whilst the other team hunt them down. Who can hide the longest and evade detection!